



December,  
2022

# Monthly Insights

Department of  
Information Technology



# Articles

## **“OUT WITH THE OLD AND IN WITH THE NEW”**

As the year 2022 comes to a close and we welcome 2023, it's important to reflect on the lessons we've learned and the growth we've experienced. Despite its challenges, the past year has brought many opportunities for personal and collective growth, and it's crucial that we take a moment to appreciate these experiences.

Gratitude: One of the most valuable lessons of 2022 was the importance of gratitude. Whether it was appreciating the small things in life, or finding ways to give back to our communities, practicing gratitude helped us stay positive and focused on what truly matters.

Take some time to think about the experiences and lessons of the past year. Write down your thoughts and feelings and be honest with yourself about what you want to leave behind.



**Resilience:** The challenges of the past year also taught us the importance of resilience. Whether it was adapting to new ways of working, or navigating personal struggles, we learned to persevere and come out stronger on the other side.

**Connection:** Despite the physical distance, 2022 showed us the power of human connection. From virtual happy hours to online support groups, we found new ways to connect and support one another, reminding us of the strength and resilience of the human spirit.

Whether it's spending time with family and friends, or reaching out to new people, making connections with others is an important part of personal growth and happiness. Take the time to build relationships and strengthen the bonds you already have.

**Make resolutions:** The end of the year is a great time to set new goals and make resolutions for the future. Think about what you want to achieve in the coming year and make a plan to make it happen.

Don't get discouraged if you slip up. Instead, focus on getting back on track and staying positive. Don't set yourself up for failure by making resolutions that are too big or too unrealistic.



**Set realistic goals:** Take some time to think about what you want to achieve in the new year. Make a list of your goals and break them down into manageable steps. Focus on what is important and achievable, and don't be afraid to make changes as needed.

**Embrace change:** The new year is a chance to try something new and embrace change. Whether it's a new hobby, a different job, or a new place to live, don't be afraid to take risks and step outside of your comfort zone.

**Take care of yourself:** Make sure to prioritize self-care in the new year. Exercise, eat healthy, and take time for yourself. By taking care of your physical and mental health, you'll be better equipped to handle whatever comes your way.

**Celebrate your successes:** Remember to celebrate your accomplishments, big and small, throughout the year. Recognize the hard work and dedication that goes into achieving your goals and be proud of what you've accomplished.

**Give back:** As the year comes to a close, consider giving back to your community. Volunteer, make a donation, or simply spread joy and kindness wherever you go.



As we move into 2023, it's clear that growth and change will continue to be a part of our lives. But with the lessons of the past year under our belt, we're well-equipped to handle whatever comes our way. Here's to another year of growth, self-discovery, and endless possibilities. Cheers to 2023!



**Aradhana Singh, TE IT**



# Achievements

The joy of Christmas arrived early at XIE as two of its departments received NBA accreditation on 19th December 2022. The result of the NBA visit that happened on 4th, 5th and 6th November 2022 was announced on the NBA website conferring 'Accredited' status to XIE's Electronics and Telecommunication and Information Technology departments. Director, Dr. John Rose SJ and Principal, Dr. Y.D. Venkatesh announced the happy news and congratulated the HoDs, the NBA co-ordinators, faculty members, administrative staff, non-teaching and helping staff, students, and stake-holders for their commendable hard work during preparations for and the actual NBA visit. Hearty congratulations to everyone!

Prof. Chhaya Dhavale completed an ISTE approved Online/SF-STTP/FDP Programme on "Data Analytics and Visualization" held from 12-17 December 2022 organized by Thadomal Shahani Engineering College, Mumbai, Maharashtra. She also reviewed papers of the 5th Biennial International Conference on Nascent Technologies in Engineering to be held on 20-21 January 2023 by Fr. C. Rodrigues Institute of Technology, Vashi in association with IEEE and IAS.

# Activities

XIE brought a sporty and athletic twist to the Patron, St. Francis Xavier's feast day celebration on 3rd December 2022 by organizing a 'Sports Day' for the staff and faculty members. The teaching, non-teaching and administrative staff showed great enthusiasm by beginning the training preparations a few days in advance. The sports fever was furthered by the XIE t-shirts and training shoes that were distributed to the staff. XIE's newly inaugurated 'Astroturf' was utilised well. All the participating members were divided into teams; a total of 8 teams competed against each other in games like Tug of war, Relay race, Football, etc. The award for the 'Best team with ethics and fair play' was won by Team Sun. Team Venus won the 'Best team with maximum points while Team Neptune won the runner up title.

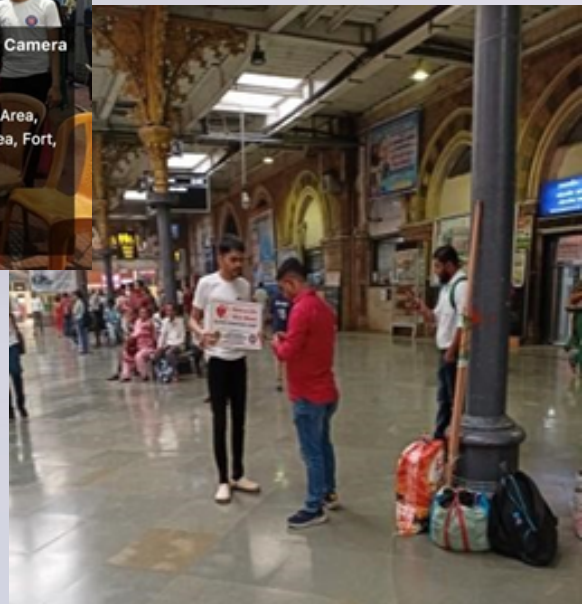
Best Sportsperson(male) was won by Prof Jaychand Upadhyay where as Best Sportsperson(female) by Prof. Saniya Gonsalves.







The NSS unit of XIE volunteered for Blood Donation Camp organized by the NSS cell of the University of Mumbai on 8th December 2022 at Shivaji Maharaj Terminus Railway Station. In total 13 volunteers participated in the camp. 130 Unit of Blood was collected with the dedication and teamwork on the entire team.



Ms. Riya Kamble and Ms. Rishika from SE IT have been offered a paid internship to learn analysis in the Gait lab and python coding at St. Xavier's Research Centre, Andheri campus.

Prof. Suvarna Aranja and Prof. Amit Narote of the Department of Information Technology are organizing a six-day ISTE-approved hands-on FDP on "BLOCKCHAIN AND DISTRIBUTED LEDGER TECHNOLOGY" for faculty and industrial experts of various institutes from 03-07 January 2023.



# Our Amazing Crew



**XAVIER INSTITUTE OF ENGINEERING  
DEPARTMENT OF INFORMATION TECHNOLOGY**

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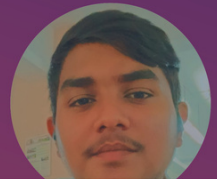
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